



SATELLITES OF MACCLESFIELD SWIMMING CLUB

Affiliated to N.W.R.A.S.A.

25th Anniversary Level 2 Licensed Open Meet - Licence No 2NW2009

28th & 29th of April 2012 Programme of Events

SATURDAY

Session 1 Saturday 28th April – 8.00am. Warm Up for 9.00a.m. start

1	50m	Breaststroke	Girls	9-10
2	50m	Butterfly	Boys	9-11
3	100m	Backstroke	Girls	11+
4	100m	Breaststroke	Boys	12+
5	400m	IM	Girls	10+
6	200m	IM	Boys	9+

Session 2 Saturday 28th April – 12.15p.m. Warm up for 13.15p.m. start

1	400m	Freestyle	Boys	10+
2	100m	Butterfly	Girls	11+
3	50m	Backstroke	Boys	9-11
4	200m	Freestyle	Girls	9+
5	200m	Butterfly	Boys	9+

Session 3 Saturday 28th April – 16.30p.m. Warm up for 17.30p.m. start

1	50m	Freestyle	Boys	15+
2	100m	Freestyle	Girls	11+
3	50m	Freestyle	Boys	9-11
4	200m	Backstroke	Girls	9+
5	200m	Breaststroke	Boys	9+



SATELLITES OF MACCLESFIELD SWIMMING CLUB

Affiliated to N.W.R.A.S.A.

25th Anniversary Level 2 Licensed Open Meet - Licence No 2NW2009

28th & 29th of April 2012 Programme of Events

SUNDAY

Session 4 Sunday 29th April – 8.00a.m. Warm Up for 9.00a.m. start

1	50m	Breaststroke	Boys	9-11
2	50m	Butterfly	Girls	9-10
3	100m	Backstroke	Boys	12+
4	100m	Breaststroke	Girls	11+
5	400m	IM	Boys	10+
6	200m	IM	Girls	9+

Session 5 Sunday 29th April – 12.15p.m. Warm up for 13.15p.m start

1	200m	Butterfly	Girls	9+
2	200m	Freestyle	Boys	9+
3	50m	Backstroke	Girls	9-10
4	100m	Butterfly	Boys	12+
5	400m	Freestyle	Girls	10+

Session 6 Sunday 29th April – 16.15p.m. Warm up for 17.00p.m. start

1	200m	Backstroke	Boys	9+
2	50m	Freestyle	Girls	9-10
3	50m	Freestyle	Girls	14+
4	100m	Freestyle	Boys	12+
5	200m	Breaststroke	Girls	9+



SATELLITES OF MACCLESFIELD SWIMMING CLUB

Affiliated to N.W.R.A.S.A.

25th Anniversary Level 2 Licensed Open Meet - Licence No 2NW2009

28th & 29th of April 2012 Information Sheet

1. The competition will be held under the Laws and Technical Rules of the A.S.A. The Meet is a Level 2 licensed meet, designated as a qualifying event for the 2012 National Competitions.
2. Heats are arranged according to submitted entry times. The 200m events, 400m freestyle, 400m I.M and 14/Over girls and 15/Over boys 50m Freestyle will be HDW events. The fastest 8 swimmers per age group, in the 9,10 girls and 9,10,11 boys 50m events and the 11, 12, 13, 14, 15/Over girls and 12, 13, 14, 15/Over boys 100m events, will compete in the designated Finals: swim offs will be held if necessary. Girls aged 10 years and Boys aged 11 years may enter the 100m events providing that they have: (a) Met the consideration times for the corresponding 200m event; and (b) Entered the 200m event for that stroke. Results, finals and awards will be in the 10/11 Girls and 11/12 Boys categories. Please note there will be no separate awards in the 10 years Girls or 11 years Boys 100m events.
3. The warm ups will be split as appropriate. Boys will warm up first in Sessions 2, 4 and 6. Girls will warm up first in Sessions 1, 3 and 5.

COACHES MUST BE RESPONSIBLE FOR THEIR SWIMMERS DURING WARM UP. THE SMALL POOL WILL BE AVAILABLE FOR WARM UP AND SWIM DOWN ONLY. Strictly No Diving in the Small Pool. If this facility is abused it will be withdrawn. It will be the responsibility of the Coaches to ensure that their swimmers use the small pool for the purpose intended.

4. 'OVER THE TOP' starts will be used for all events except backstroke events and finals. This means that at the end of a race the swimmer will stay in the water until after the start of the next race, and then leave the water quickly BY THE SIDE of the pool.
5. **The Top Boy and Top Girl trophies** will be awarded to the swimmers gaining the highest total points for their top three events using the FINA Points Tables. A Top Club trophy will be presented to the club gaining the most gala points. Points scoring in all finals will be: 1st = 8 points, 2nd = 7 points, 3rd = 6 points, etc. All trophies are perpetual and must be signed for.
7. Swimmers are advised **not** to leave their clothing or other articles in the changing rooms as neither the promoters nor the Leisure Centre management can accept responsibility for loss or damage. Please use the lockers provided.
8. Coaches poolside passes/wristbands and programmes should be collected from the table in the alcove on poolside.
9. The promoters reserve the right to refuse admission to any competitor or spectator.
10. The order of events may be changed at the discretion of the promoters.
11. If the Meet is undersubscribed Satellites of Macclesfield reserves the right to accept entries from swimmers outside of the published consideration standards.
12. **Anything not covered in the above - or not printed in the programme will be at the discretion of the promoters.**



SATELLITES OF MACCLESFIELD SWIMMING CLUB

Affiliated to N.W.R.A.S.A.

25th Anniversary Level 2 Licensed Open Meet - Licence No 2NW2009

28th & 29th of April 2012

VENUE: Macclesfield Leisure Centre, Priory Lane, Macclesfield SK10 4AF

The pool is an eight lane 25 metre pool with anti-wave lane ropes.

Ares Electronic Timing with full display board is installed.

A 17m pool will be available for warm-up and swim-down, this facility is provided on the understanding that swimmers are the responsibility of their Coach/Team Manager. If swimmers abuse the facility, it will be withdrawn. STRICTLY NO DIVING in this pool

SESSIONS:

Saturday	Sunday
08.00 w/up for 09.00 start	08.00 w/up for 09.00 start
12.15 w/up for 13.15 start	12.15 w/up for 13.15 start
16.30 w/up for 17.30 start	16.15 w/up for 17.00 start

Withdrawals to be made no later than the start of the warm up for that session.

EVENTS:

9-11	Years	Boys	50m, 200m all strokes plus 200m IM, (400m IM, 400 Free 10+)
9-10	Years	Girls	50m, 200m all strokes plus 200m IM, (400m IM, 400 Free 10+)
12-15/ov	Years	Boys	100m, 200m all strokes, 200m IM, 400m IM, 400 Free
11-15/ov	Years	Girls	100m, 200m all strokes, 200m IM, 400m IM, 400 Free
14/ov	Years	Girls	50m Free
15/ov	Years	Boys	50m Free

'Over the Top' starts will be used except for Backstroke events and Finals.

HEATS: All events seeded on submitted times.

FINALS: The 200m events, 400m freestyle, 400m I.M and 14/Over girls and 15/Over boys 50m Freestyle will be HDW events. The fastest 8 swimmers per age group, in the 9,10 girls and 9,10,11 boys 50m events and the 11, 12, 13, 14, 15/Over girls and 12, 13, 14, 15/Over boys 100m events, will compete in the designated Finals: swim offs will be held if necessary.

AWARDS: There will be awards to all finalists in the 9&10yrs girls and 9, 10 &11yrs Boys 50m events.
Medals will be awarded to:
The first three swimmers in each single age group based on final placing's, or fastest HDW times where applicable.
15 years/over will count as one single age group.

Top Boy and Top Girl Awards will be based on the best three swims using the FINA Points Table.

Trophies are to be held for twelve months, or until the next time the events are staged, which ever is earliest.

A perpetual Overall Team Trophy is awarded on points scored in HDW events and finals.

ENTRIES: The entry fee is **£4.25** per event.
Coaches Pass is **£10.00** including programmes and Heat Start Lists.
Coaches will **not** be allowed on poolside without a pass/wristband.

Entry times must have been achieved in the past twelve months in licensed meets.

Age as at 29th April 2012

Accepted entries will be judged on a swimmers entry time relative to the **Minimum Consideration Standards** as published in the entry pack.

Incorrect entries will be deleted from the event and the swimmer will forfeit the entry fee.

The promoter reserves the right to reduce the number of entries to comply with the terms of the ASA Open Meet Licence – even if swimmers have achieved the minimum consideration standards.

The promoter also reserves the right to make Satellites of Macclesfield S.C. swimmers the reserves if this becomes necessary.

Accepted entries will be mailed to club contacts for distribution to swimmers.
An electronic copy will be posted on the Satellite website

CLOSING DATE: Sunday 1st April 2012

Poolside entries will be at the discretion of the promoter and will be charged at £5.00 per swim.

NB: We cannot be held responsible for late delivery by Post – please leave sufficient time for posting or send by special delivery if close to deadline. Thank you.

ENTRIES TO: Entries to : Mrs V Mellor, 5, Benbrook Way, Gawsworth, Cheshire SK11 9RT
Email openmeet@swimsatellite.co.uk

Electronic entry via Sportsystems Entry Manager V2.
Entry files will be available on Satellite website – www.swimsatellite.co.uk

On completion the file should be emailed back to - openmeet@swimsatellite.co.uk.

Hard copies **MUST** then be sent by post to the above address accompanied by full entry fee and A4 SAE for the return of entries and relevant information - inc postage please.

Entries should be made on the supplied Sportsystems electronic entry files.
Clubs that send paper entries will incur an administrative charge of 50p per entrant.
If you need assistance with electronic entry please get in touch and we will provide support where possible.

WITHDRAWALS: **Friday 27th April** : Swimmers withdrawing from events in session 1 (or other sessions if known) should telephone or text **07960 392769** clearly stating Swimmers **full name, club, competitors no. (or time) and the event number** that they are withdrawing from. This information can also be emailed to openmeet@swimsatellite.co.uk.

Saturday 28th & Sunday 29th April : WITHDRAWALS AT THE POOL ONLY
For sessions 2-6 Team Managers/Coaches to complete a withdrawal form and hand to the organisers at the poolside desk **BEFORE** the start of warm up for that session.

Refunds where appropriate will be available on the weekend of the meet.

OFFICIALS: **Anyone able to assist with the Gala as an official over the weekend please contact Mr Colin Huck.**

Email : officials@swimsatellite.co.uk

CAR PARKING: Extensive **FREE** car parking is available within the Leisure Centre grounds.

CAFE/BAR: Hot and Cold snacks will be available in the cafe from approximately 9.30am until early evening.

SWIM SHOP: A Swim Shop will be situated in the downstairs vending area on both days.

SPECTATORS: Admission price will be for the day, or remaining sessions of a day. Refunds will be given for sessions not attended. Programme will be available to purchase on the day.



SATELLITES OF MACCLESFIELD SWIMMING CLUB

Affiliated to N.W.R.A.S.A.

25th Anniversary Level 2 Licensed Open Meet - Licence No 2NW2009

28th & 29th of April 2012

Name: _____ Male: __ Female: __ (Please tick)

D.O.B: ___/___/___ Age on day: ___ Club _____

ASA Reg no. _____

Email: _____@_____ Contact no. _____

All times to be 25m(short course times)

Event	Entry Time	Date & Venue Achieved
50 Free		
100 Free		
200 Free		
400 Free		
50 Back		
100 Back		
200 Back		
50 Breast		
100 Breast		
200 Breast		
50 Fly		
100 Fly		
200 Fly		
200 IM		
400 IM		

No of entries		@ £4.25	Total £
---------------	--	---------	---------

I certify that the above details are correct.

Signed _____ Coach/Team Manager Date ___/___/___

Cheques made payable to SATELLITE SC Club name and contact number on reverse please.

Entries to be returned by 1st April 2012

Entries to : Mrs V Mellor, 5 Benbrook Way, Gawsworth, Cheshire SK11 9RT
 Email openmeet@swimsatellite.co.uk.



SATELLITES OF MACCLESFIELD SWIMMING CLUB

Affiliated to N.W.R.A.S.A.

Level 2 Licensed Open Meet - Licence No. 2NW2009

28th & 29th of April 2012

SUMMARY OF ENTRIES

CLUB.....

CONTACT NAME

TEL.NO. and/or E MAIL ADDRESS.....

(Please include a SAE with return of entries)

	No. of entries	Amount
Male
Female
Coaches passes £10 each to cover all galas (Maximum 3 per club)
TOTAL

Cheques made payable to Satellite S C

Electronic entry ONLY unless 5 or less entries. See website for details.
Paper copies of the original entries are required for verification.

Entries to Mrs V Mellor, 5 Benbrook Way, Gawsworth, Cheshire SK11 9RT

Closing Date 1st April 2012

Any queries re entries e-mail openmeet@satellite.co.uk

Satellites of Macclesfield Level 2 (Short Course)

28th & 29th April 2012

BOYS	9	10	11	12	13	14	15	16	17	OPEN
50m Freestyle	42.1	39.3	37.2				29.9	29	28.4	27.4
100m Freestyle				1:15.7	1:11.1	1:07.3	1:04.6	1:02.6	1:01.4	1:00.2
200m Freestyle	3:22.8	3:06.0	2:54.8	2:44.7	2:35.0	2:26.6	2:20.8	2:16.3	2:13.8	2:12.9
400m Freestyle		6:31.8	6:06.0	5:46.0	5:26.8	5:10.4	4:57.5	4:48.7	4:42.5	4:42.5
50m Backstroke	48.6	45.1	42.5							
100m Backstroke			1:30.5	1:25.2	1:19.7	1:15.0	1:11.5	1:09.3	1:07.6	1:05.4
200m Backstroke	3:43.8	3:26.7	3:13.3	3:02.6	2:51.1	2:41.4	2:34.3	2:29.8	2:27.0	2:22.9
50m Breaststroke	55.1	51.3	48							
100m Breaststroke			1:43.4	1:36.9	1:30.1	1:25.1	1:21.0	1:18.4	1:16.7	1:15.0
200m Breaststroke	4:17.8	3:59.0	3:42.4	3:29.2	3:15.3	3:03.9	2:55.8	2:50.7	2:46.3	2:42.3
50m Butterfly	47.4	43.8	41							
100m Butterfly			1:30.4	1:24.6	1:19.1	1:14.4	1:10.7	1:08.8	1:07.0	1:05.1
200m Butterfly	4:08.3	3:37.3	3:18.2	3:06.6	2:54.7	2:44.7	2:35.5	2:31.7	2:26.9	2:24.4
200m Individual Medley	3:49.7	3:32.2	3:17.6	3:06.8	2:55.8	2:45.3	2:38.2	2:33.7	2:30.5	2:27.6
400m Individual Medley		7:35.6	6:59.7	6:34.3	6:12.0	5:50.3	5:34.6	5:25.4	5:18.7	5:14.9
GIRLS	9	10	11	12	13	14	15	16	17	OPEN
50m Freestyle	42.6	39.9				33.3	32.5	32.	31.9	30.5
100m Freestyle			1:21.3	1:16.6	1:13.5	1:11.3	1:09.9	1:08.7	1:08.4	1:07.1
200m Freestyle	3:24.5	3:06.8	2:55.4	2:44.9	2:38.0	2:33.5	2:30.2	2:28.0	2:26.4	2:26.1
400m Freestyle		6:35.7	6:04.9	5:43.7	5:29.8	5:20.8	5:13.8	5:10.2	5:07.2	5:07.2
50m Backstroke	48.9	45.3								
100m Backstroke		1:38.5	1:31.0	1:25.3	1:21.4	1:19.0	1:17.1	1:16.1	1:15.6	1:13.6
200m Backstroke	3:46.2	3:28.7	3:12.5	3:01.7	2:54.3	2:49.2	2:44.8	2:42.4	2:40.6	2:38.3
50m Breaststroke	55.9	51.7								
100m Breaststroke		1:52.5	1:43.5	1:37.3	1:32.3	1:28.7	1:27.1	1:26.2	1:24.9	1:23.2
200m Breaststroke	4:20.0	3:59.5	3:42.1	3:28.8	3:18.2	3:11.5	3:07.9	3:05.8	3:04.1	2:58.7
50m Butterfly	47.9	43.9								
100m Butterfly		1:39.3	1:30.9	1:24.9	1:21.2	1:18.3	1:16.9	1:15.8	1:14.9	1:12.2
200m Butterfly	4:11.0	3:40.0	3:20.2	3:06.4	2:57.3	2:51.0	2:46.9	2:44.8	2:42.8	2:39.0
200m Individual Medley	3:51.6	3:32.7	3:17.9	3:06.3	2:58.8	2:53.1	2:49.5	2:47.2	2:45.7	2:44.2
400m Individual Medley		7:35.3	6:57.3	6:32.0	6:14.4	6:03.1	5:55.8	5:50.5	5:48.2	5:44.5

100m Events

Girls aged 10 years and Boys aged 11 years may enter the 100m events providing that they have:

- Met the consideration times for the corresponding 200m event.
- Have entered the 200m event for that stroke

Results, finals and awards will be in the 10/11 Girls and 11/12 Boys categories. Please note there will be no separate awards in the 10 years Girls or 11 years Boys 100m events.